

# ACA GLP-1 Medication

## What You Will Receive



1 vial

Refrigerate vial upon receipt



4 syringes



4 alcohol swabs

## DOSING AND STEP-BY-STEP INSTRUCTIONS

- STEP 1** Gather supplies (GLP-1 vial, insulin syringe, alcohol swab)
- STEP 2** Clean top of vial with alcohol swab
- STEP 3** Insert insulin syringe at 90-degree angle
- STEP 4** Draw up 50 units of medication
- STEP 5** Clean subcutaneous site with alcohol swab (tummy, thigh, or back of the arm)
- STEP 6** Pinch the site
- STEP 7** Inject medication at 90-degree angle
- STEP 8** Dispose of syringe in sharps container
- STEP 9** Return vial to the fridge

Dose Prescribed	Insulin Syringe 0.5ml
0.5mg	50 units
1.0mg	50 units
1.7mg	50 units
2.4mg	50 units



**Remember each vial is specifically reconstituted to 50 units no matter what dose you are receiving.**

### BEST PRACTICES

- Administer one injection, once weekly, ideally on the same day at the same time
- Eat before, or within the hour after receiving the injection to minimize side effects
- Keep vial refrigerated at all times
- Call your local clinic if experiencing severe side effects