

GLP-1 Medication

What You Will Receive



vial

Refrigerate vial upon receipt



syringes



alcohol swabs

DOSING AND STEP-BY-STEP INSTRUCTIONS

- STEP 1** Gather supplies (GLP-1 vial, insulin syringe, alcohol swab)
- STEP 2** Clean top of vial with alcohol swab
- STEP 3** Insert insulin syringe at 90-degree angle and turn vial upside down
- STEP 4** Draw up specified units of medication based on chart below
- STEP 5** Clean subcutaneous site with alcohol swab (tummy, thigh, or back of the arm)
- STEP 6** Pinch the site
- STEP 7** Inject medication at 90-degree angle
- STEP 8** Dispose of syringe in sharps-proof container
- STEP 9** Return vial to the fridge

Dose Prescribed	Insulin Syringe 1 ml
0.5mg	50 units
1.0mg	20 units
1.7mg	34 units
2.4mg	48 units



*** Row color corresponds to vial cap color depending on medication concentration.**

BEST PRACTICES

- Administer one injection, once weekly, ideally on the same day at the same time.
- Eat before, or within the hour after receiving the injection to minimize side effects.
- Keep vial refrigerated at all times.
- Call your local clinic if experiencing severe side effects.